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Improving detection and management of frailty in older people in ambulatory care



Improving the detection and management of frailty syndromes in older people in ambulatory care

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HAMU



- Homerton Ambulatory Medical Unit





Frailty syndrome

- Clinical syndrome – increased risk for poor health outcomes
- Important to identify those at risk
- Treatment, prevention and future planning





Assessment for inpatients

- Nursing assessment on admission
- Medical clerking has prompts
- IIT are present on the ward

- HAMU patients need to be assessed at least as well as if they were admitted
- Frail patients can be ambulatory
- Identify an important group





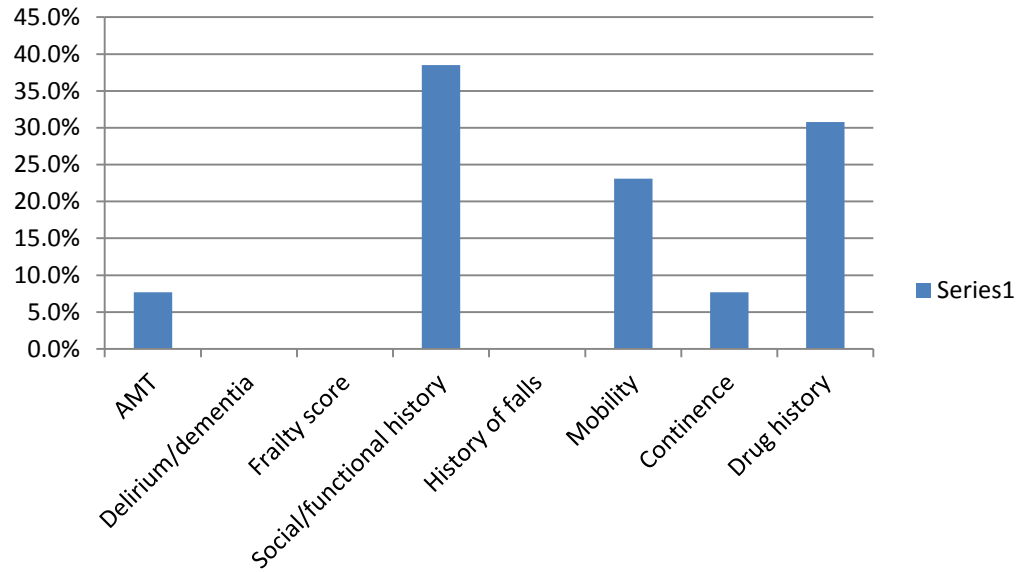
List to assess

- Frailty score (using Clinical Frailty Scale)
- Delirium/dementia
- Social/functional history
- History of falls
- Mobility
- Continence
- Full drug history
- AMT





First round audit





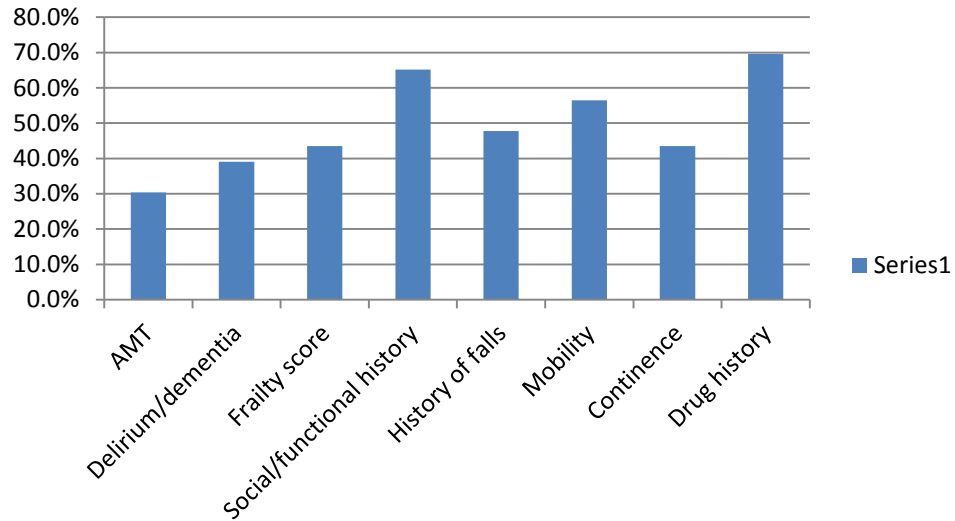
Interventions

- Discussion with other junior doctors
- Simple prompt sheet
- Short education sessions





Second round audit





IIT and GFD

- Integrated independence team
- Geriatrician at the front door
- Access to assessment in falls clinic





Next steps

- Review of efficiency of interventions
- Development of specific pathways





- Any questions?

